

Reducing Teen Pregnancy and STD Rates in Wyoming

Evidence-based

Medically Accurate

Sexual Health Education

Grants Now Available!

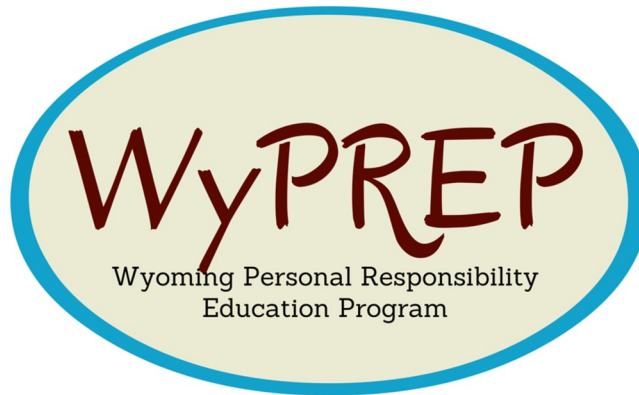


Public Health Division

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The WyPREP Program is supported by CFDA Program Number 93.092 from the Administration for Children and Families, Department of Health and Human Services.



About WyPREP

The Wyoming Personal Responsibility Education Program (WyPREP), through the Public Health Division of the Wyoming Department of Health, provides funding for schools and community-based organizations to provide relationship and sexual health education to 7th – 12th grade youth. This education is provided through curricula that is evidence-based and medically accurate. Now in the third year in Wyoming, this grant program has been implemented in public schools and community-based settings including Boys and Girls Clubs.

The goals of WyPREP are to delay initiation of sexual activity, prevent teen pregnancy, and prevent STDs, including HIV. While the focus is on teaching youth skills to avoid risky sexual behavior, youth also learn skills that will help them avoid other risk behaviors as well. The Wyoming program includes adult preparation subjects intended to increase parent/child communication, teach negotiation and refusal skills, and encourage youth to think about the effects that being sexually active may have on their lives. WyPREP encourages abstinence and also teaches youth about condoms and contraceptives should they choose to become sexually active. Wyoming has the following evidence-based curricula available:

Reducing the Risk

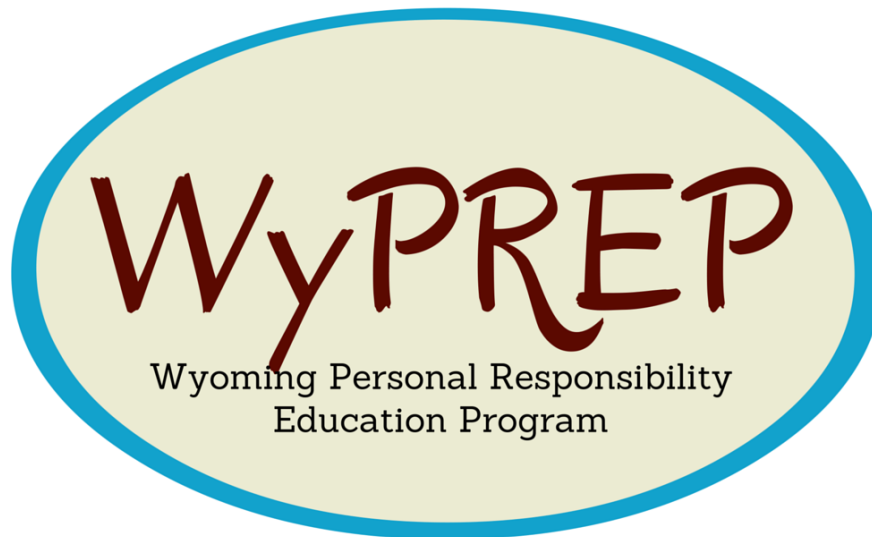
Reducing the Risk is a 16-session curriculum designed to help high school students delay the initiation of sex or increase the use of protection against pregnancy and STD/HIV if they choose to have sex. The major focus is the development of attitudes and skills that will help teens prevent pregnancy and the transmission of STDs, including HIV. This research-proven approach addresses skills such as risk assessment, communication, decision making, planning, refusal strategies and delay tactics.

Making Proud Choices

Making Proud Choices! provides young adolescents with the knowledge, confidence, and skills necessary to reduce their risk of sexually transmitted diseases (STDs), HIV, and pregnancy by abstaining from sex or using condoms if they choose to have sex. This 8-session curriculum is based on cognitive-behavioral theories, focus groups and the authors' extensive experience working with youth. Adaptations are available for school settings (14-sessions) and youth in out-of-home care (10-sessions).

Both curricula are activities-based and feedback from students and parents has been overwhelmingly positive. The outcomes for Wyoming have shown that after participating in the program youth are less likely to engage in sexual activity in the next six months and sexually-active youth are more likely to abstain or use a condom and/or contraception in the future.

WyPREP provides free training and curricula for facilitators. Grants are awarded to cover preparation, implementation time, and other expenses related to the program.



2016 Facilitator Trainings

9:00am - 5:00pm Daily

April 11-13 Cheyenne

June 14-16 Thermopolis

August 16-18 Gillette



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